



Larry Gandle, MD, is a Board Certified Radiation Oncologist. He received his undergraduate degree in Biology from Tulane University College of Arts and Sciences, New Orleans, LA, where he graduated Cum Laude and went on to complete his Medical Degree at Tulane University School of Medicine. He served his Internship in General Surgery at Montefiore Hospital, where he also completed Residencies in General Surgery, Urology and Radiation Oncology. He is a member of the American College of Radiology, Radiologic Society of North America, and American Medical Association.



Sawsan G. Bishay, MD, is a Board Certified Radiation Oncologist. She completed her undergraduate degree and received her Medical Degree from the Alexandria University School of Medicine. She served her Internship in Internal Medicine at the Methodist Hospital of Brooklyn and went on to complete a Residency in the Radiation Oncology Department. Dr. Bishay was the Chief Resident in the Radiation Oncology Department of the New York Methodist Hospital and is a member of the American Society for Therapeutic Radiology and Oncology.

Latest and greatest treatment for prostate cancer

Florida Cancer Institute

Larry Gandle, MD
Sawsan G. Bishay, MD

I'm over sixty, so I have a PSA test routinely, which is one of the ways you look for prostate cancer," explains Bruce Dow. "My PSA was never out of the ordinary."

Fortunately, he also has regular digital exams with his primary care physician as an additional safeguard.

"After my doctor said, *I want a second opinion on this one*," Bruce recalls, "I went for a biopsy. It turned out there was low-grade cancer on one side."

Bruce consulted an oncologist, who recommended surgery. Because the cancer was in such an early stage, however, Bruce sought a second opinion. "I'm a fairly active man, so I wasn't ready to do something that aggressive," he says. "I didn't want to lose a lot of time at work or have a drastic change in lifestyle."

Bruce was ultimately referred to Florida Cancer Institute, where he was introduced to a team of highly qualified cancer specialists who ensured that he received the most advanced care available.

Targeting with accuracy

"Treatment of prostate cancer has been revolutionized over the last five years with the use of seed implants, hormones and Intensity Modulated Radiation Therapy (IMRT®)," says Larry Gandle, MD, a Board Certified Radiation Oncologist at Florida Cancer Institute. "We evaluate the stage of the patient's cancer and customize our treatment plan accordingly, employing the newest technologies.

"IMRT is a technique that allows us to change the shape and intensity of radiation beams so that they are focused more effectively on cancer cells and away from healthy surrounding tissue and organs," explains Dr. Gandle.

"The technique allows us to achieve higher target dose conformity while providing the greatest potential for sparing healthy tissue and organs in the vicinity of tumor."

"I elected the IMRT," says Bruce, "thinking that the treatment had a fair chance of working on an early cancer like mine. It was convenient, because I'd be in and out in an hour for each treatment, and go about my business. I wouldn't have any serious disruption of my schedule."

Preserving quality of life

IMRT may well become the standard of care in radiation therapy for many forms of cancer, notes Dr. Gandle, including prostate, head and neck, pancreas, and pelvic tumors: "With IMRT, we can now treat cancers with accuracy that was unavailable just a few years ago, and can often eliminate cancer before it spreads to other parts of the body.

"We are pleased to offer this leading-edge treatment for select cases, improving patients' chances for a cure, while limiting potential side effects."

Bruce is well satisfied with his outcome. "My quality of life was very lightly impacted," he assures. "It was all pleasantly uneventful."

And he appreciates the team at Florida Cancer Institute.

"The radiation therapists are lovely people," he says. "Overall, I've got a positive outlook about this whole experience, and am feeling fine." **FHCN**—Michael J. Sabno

Board certified cancer specialists on board!

The doctors at Florida Cancer Institute welcome any questions regarding this article and other related topics. For further information, call **(813) 783-1676**. The Zephyrhills office is located at 38010 Medical Center Avenue.



"I didn't want to lose a lot of time at work or have a drastic change in lifestyle," says Bruce, who got his wish.